

# Mississauga Dental Specialists

*Braces Invisalign Teeth Gums & Implants*

**CALL: 905-275-1022**

## **The Various Types of Braces**

Your dentist may have discussed with you the benefits of having healthy teeth and proper jaw alignment. Crooked and crowded teeth are hard to clean and maintain. This can result in tooth decay, worsen gum disease and lead to tooth loss. Other orthodontic problems can contribute to abnormal wear of tooth surfaces, inefficient chewing function, excessive stress on gum tissue and the bone that supports the teeth, or misalignment of the jaw joints. These can lead to chronic headaches and face or neck pain.

Treatment by an orthodontist can be less costly than the additional care required to treat dental problems arising as a result of orthodontic problems. For most people, a beautiful smile is the most obvious benefit of orthodontics. After your braces come off, you'll feel more self-confidence and social acceptance.

### **TYPES OF BRACES**

#### **1. Conventional Colour / Metal Braces**

Conventional-Metal-Braces-In-Mississauga These are what most people envision when they think of braces in correcting misaligned teeth. In recent years, there have been significant technical improvements in these types of braces that have decreased their size and thickness providing for improved comfort and better hygiene. Braces colors are usually selected to be the colors of the patients favorite sports team, school colors, etc.

#### **2. Clear Or Ceramic Braces**

Clear-Braces-in-Mississauga Ceramic brackets are made of composite materials. They are very strong and generally do not stain. Adults like to choose ceramic because the ceramic brackets are tooth-colored and "blend in" with the teeth, thus less noticeable than metal bracket typed braces.

### **3. Self-Ligating Braces**

Mississauga-Self-Ligating-Braces Self Ligating Braces are braces with brackets that do not need ligatures (the small bands that hold the wire in place). You may also hear them referred to as "speed braces". Rather than using ligatures or metal ties, the brackets themselves have a sort of trap door that holds the arch wire in place. According to manufacturers this creates less friction between the wire and the bracket.

### **4. Inside / Lingual Braces**

Lingual braces work in much the same way as their traditional counterparts. However there's one important cosmetic difference; the lack of the usual metal supports on the front of your teeth. In the past braces could only be fit in a certain position; right on the front of your teeth but due to developments in dental technology this is no longer the case. The key difference with Lingual Braces is that they can be placed on the rear of your teeth, hiding the majority of the metal parts. This means that they can realign your teeth just as effectively as a traditional brace but without the aesthetic worries.

### **5. Invisalign®**

Invisalign® uses a series of clear aligners that are custom-molded to fit each individual. Each set of clear aligners gradually repositions teeth. Invisalign® is removable for easy maintenance and comfort. Invisalign® is clear thus not noticeable during treatment suited for adults with mild or moderately misaligned teeth.

#### **Benefit of Invisalign® includes:**

- Invisalign® is clear
- Invisalign® is removable
- Invisalign® is comfortable
- Invisalign® allows you to view your own treatment plan before

### **6. Functional / Expansion Appliances**

These are appliances that utilize the muscle action produced when speaking, eating and swallowing to produce force to move the teeth and align the jaws. They are also known as orthopedic appliances with names such as orthopedic corrector, activator, bionator, Frankel, Herbst or twin block appliances.

The use of functional appliances can reduce the time the child must wear fixed braces and also can reduce the need for the extraction of permanent teeth. Functional appliances develop the dental arches so that all the permanent teeth can erupt, which ensures an outstanding profile, broad smile and healthy jaw joints

## **7. TAD's (Temporary Anchorage Device)**

A TAD is a miniature screw that we position in the mouth. It serves as an anchor for moving specific teeth in the most controlled and predictable way possible. TADs are made of a sterile medical-grade titanium alloy. This technique allows us to treat certain cases that were nearly impossible before this technique was refined. TADs also allow us to treat cases better and faster than ever before.